

Spa Packages

Fire • 2 Hrs – \$110

Deluxe Haven manicure and pedicure.

Earth • 2 Hrs 15 Min – \$130

Deluxe Haven manicure, shampoo, style, and Aveda makeup application.

Water • 3 Hrs – \$235

60 min relaxation massage, 60 min facial and deluxe Haven pedicure.

Air • 3 Hrs – \$260

60 min relaxation massage, 60 min facial and Caribbean therapy scrub treatment.

Man • 1 Hr 15 Min – \$85

30 minute hot towel facial & haircut.

Bridal • 3 Hrs – \$200

Lash tint & extensions, deluxe Haven pedicure & manicure with French polish and paraffin.

Couples • 2 Hrs – \$320

30 minute couples massage, 30 minute refresher facial and side by side deluxe Haven pedicures.



Spa Reservations

Please call 250-655-9797 for all reservations and inquiries.

Please note that upon booking a service you will be asked to secure your reservation with a Credit Card or Gift Card number. Last minute changes and cancellations affect the livelihood of our spa practitioners. Rest assured that this information is treated with strict confidentiality.

Cancellations

In order to avoid incurring any cancellation charges, please provide at least 24 hours notice before the treatment is scheduled. Appointments cancelled within 24 hours of scheduled arrival will be charged at 50% of the treatment cost. For your convenience we provide confirmation calls the day prior to your arrival.

Spa Amenities

As a spa guest, please feel free to take full advantage of your spa experience with the use of our ocean view fitness centre and eucalyptus steam rooms before or after your treatments. Please note: this is not accounted for in your treatment time.

We offer complimentary underground parking (located beneath the hotel). Spa guests are welcome to park in the stalls designated for Haro's Restaurant.

Spa Etiquette

To maintain an atmosphere of tranquility at Haven Spa we ask that all guests turn off cell phones and speak softly when entering and enjoying the spa.

We request that all guests arrive 15 minutes prior to any spa treatments, to allow time to unwind, change into a spa robe and sandals (provided) and to fill out any necessary paperwork. Your treatment will start at the scheduled appointment time and finish accordingly. Unfortunately, we are unable to account for late start times on treatments, as we typically have services booked consecutively.

We would like your experience at Haven Spa to be as comfortable as possible so please don't hesitate to inform your practitioner of any personal preference in terms of music volume, room temperature, or any other request to make your service more enjoyable.

Children aged 6-12 yrs are to be accompanied by an adult. Children under the age of 6 yrs are not permitted in the Spa.

Taxes and gratuities have not been added to the service price. If you would like to recognize exceptional service there is the option to add a gratuity to your treatment charge upon departure. Industry standard is generally 15%.

Contact

To book your appointment **Call 250-655-9797**

Open Monday - Saturday
Closed Sunday
Limited hours on Statutory holidays

Haven Spa at the Sidney Pier Hotel
9805 Seaport Place, Sidney, BC
Email: havenspa@sidneypier.com
www.sidneypier.com/spa-fitness



Spa Series Packages

Caribbean Therapy Manicure Series Packages

(3 X 60 Min Sessions) – **\$170**

Caribbean Therapy Pedicure Series Packages

(3 X 60 Min Sessions) – **\$205**

Massage Series Packages

(3 X 60 Min Sessions) – **\$260**

Facial Series Packages

(3 X 60 Min Sessions) – **\$260**





Haven Spa is an oasis for complete beauty and wellness.

Recognizing the relationship between nature, beauty and wellness is at the heart of Haven Spa's approach. Our Aveda spa combines pure botanical products that produce results. Your holistic spa experience is enhanced with touch and breathing techniques, selected specifically to relax your body, mind and naturally activate the body's repair and recovery mechanisms.

Teaming the ancient benefits of nature while seeking out newly emerging techniques and cutting edge equipment means that Haven Spa is ahead of the trends while never compromising the integrity of its products and services.

Beautiful ocean views and serene surroundings are sure to enhance the calm, tranquility and sheer indulgence of Haven Spa's services.

Come and be pampered and let worries just melt away.

Facials

Refresher • 30 Min – \$55

Skin exfoliation and corrective techniques for stressed skin.

60 Min – \$95

Your choice of...

Anti-Aging

Green Science improves skin smoothness and barrier strength while reducing the appearance of age spots.

90 Min – \$125 Additional eye and fine line minimizing treatment.

Skin Resurfacing

Tourmaline charged minerals refine the skin without the damaging effects of Microdermabrasion.

Enbrightenment

Improve skin clarity and reduces dark spots without harmful chemicals.

Acne Relief

Unclog pores, control excess oil and calm your irritated skin; this is our core acne skin relief treatment.

90 Min – \$125 Additional time is spent on specific areas of concern.

Element of Nature

Target skin concerns ranging from aging to dryness, sensitivity and oiliness.



Make-Up

Make-up Application – \$45

Naturally derived mineral makeup with essential oil aromas.

Bridal Make-up & Hair Style – \$190

Let our professional team transform you on your perfect day.

Includes pre-event consultation and trial.

Eyelash Extensions • 45 Min – \$50 Full Set & \$25 Fill

Create thicker, fuller lashes! ***Lasts up to 2 weeks.***

Manicures & Pedicures

Deluxe Haven Manicure • 60 Min – \$50

Nail shaping, cuticle grooming, hand & arm massage. Includes polish application & paraffin.

Essential Express Manicure • 30 Min – \$30

Maintenance of your nails & polish application.

Deluxe Haven Pedicure • 60 Min – \$70

Nail shaping, cuticle grooming, leg & foot massage. Includes polish application & paraffin.

Essential Express Pedicure • 45 Min – \$50

Maintenance of your nails & polish application.

Enhance Your Manicure & Pedicure

Caribbean Therapy Treatment – \$10

A rejuvenating and nurturing treatment that uses the healing touch and plant ingredients of the Caribbean to improve condition of nails, cuticles hands and feet. A special exfoliating paste and warm seaweed masque combined with Caribbean massage techniques to smooth, soften, relax and renew.

French Polish Application – \$10

Hair Removal

Lip – \$12

Brow – \$18

Chin & Lip – \$25

Half Arm – \$28

Half Leg – \$35

Chest – \$45

Brazilian – \$50

Full Leg – \$55

Chin or Cheek – \$12

Underarm – \$20

Bikini – \$25

French Bikini – \$35

Full Arm – \$38

Back – \$45

Half Leg & Bikini – \$50

Full Leg & Bikini – \$70

Tinting

Brow – \$20

Lash – \$25

Brow & Lash – \$40

Massage

Bliss • 30 Min – \$55

Shoulder, Neck & Scalp

Tease • 30 Min – \$55

Personalized based on individual needs.

Hot Stone • 60 Min – \$100

Warm and cold stones to balance, soothe and invigorate.

Pamper • 60 Min

Relaxation – \$95

Deep Tissue – \$105

Indulge • 90 Min

Relaxation – \$125

Deep Tissue – \$135

Body Treatments

Essential Back Treatment • 60 Min – \$80

Bring balance to your back with proper cleansing, exfoliation and massage.

Caribbean Therapy Scrub Treatment • 60 Min – \$85

A rejuvenating and nurturing treatment that uses healing touch to create inner calm and renew the body and senses. Begin with a dry exfoliation, followed by a warm seaweed body masque to smooth & detoxify. A restorative scalp, face and body massage complete this island-inspired experience. Ideal for jet lag, post trauma or stress recovery.

Rosemary Mint Body Wrap • 60 Min – \$95

Renew body and mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Rosemary Mint body lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balances the whole body. Great for when you feel tired, heavy or sluggish.

